



**By Car:** From Highway 101, take the Turnpike Road exit and turn north towards the mountains. Take a right at the first stoplight onto Calle Real. Go about ½ mile, pass N San Antonio Road and turn left onto Camino del Remedio. Park in the lot to your left. APCD is in the lower level of the green building west of the main parking lot.

**By Bus:** Take the MTD #8 to Health Care Services/Camino del Remedio, walk to the green building west of the main parking lot. The #8 bus runs west from the downtown transit center or east from Hollister Ave near Fairview every ½ to 1 hour during business hours. For route and schedule, visit [www.sbmtd.gov](http://www.sbmtd.gov).

**By Bike:** From Santa Barbara, take any bike route to State and La Cumbre. Go west on State Street to Calle Real. From Calle Real turn right onto N. San Antonio Rd. From Goleta, take any bike route to Turnpike and Calle Real, go east on Calle Real approximately ½ mile. Turn left on N. San Antonio Rd. For a free bike map, call Traffic Solutions at (805) 963-SAVE.