

# Director's Report

June 17, 2020



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## DEPARTMENT AND COUNTY NEWS

**2020-2023 Mental Health Services Act Three Year Plan:** The 2020-2023 Mental Health Services Act Three Year Plan is posted online and hoping to receive your feedback. This document can be found on our website at: [Draft 2020-2023 MHSA Three Year Plan](#)

The Mental Health Services Act (MHSA) passed by California voters in 2004, created a 1% tax on annual incomes over \$1 Million to increase funding for mental health services. MHSA funds are distributed to counties upon State approval of the County MHSA Plan. The Department of Behavioral Wellness would like to invite all stakeholders to read the FY 2020-2023 MHSA Three Year Plan and provide feedback during this 30 day posting period!

Various stakeholder meetings have occurred countywide in creation of this draft plan. Thank you for all those who attended our gatherings, asked questions, and shared your views during our MHSA Stakeholder Forums. The planning group hosted over 25 meetings and coordinated three surveys!

### **Highlights in the draft 2020-2023 Mental Health Services Act Three Year Plan include:**

- ❖ Extensive data reporting on program outcomes;
- ❖ A synopsis on MHSA Housing developments and impacts from No Place Like Home legislation; and
- ❖ Updates on key accomplishments from the prior three year period and new Proposals for the upcoming three years around initiatives for youth, housing, peers, and whole person care philosophies.

**Please submit feedback from June 2 to July 2, 2020 at our online form at the: [Feedback Form Link](#)**

In addition, the Behavioral Wellness Commission will be holding a special public hearing to support this draft plan in July. Public input is welcome and all are invited to attend. The date, time, and mechanisms to participate are currently being developed. Modern technology will most likely be used due to meeting format impacts from COVID-19. For more information please contact Lindsay Walter at [lwalter@co.santa-barbara.ca.us](mailto:lwalter@co.santa-barbara.ca.us).

**DMC-ODS EQRO Report Received:** Behavioral Wellness has received the report from the DMC-ODS EQRO review. The overall report was positive. One outstanding area of merit was Behavioral Wellness scoring much higher than other counties in Medi-Cal penetration rates of beneficiaries across race. The next review for DMC-ODS will be the annual state desk audit which is due by July 1, 2020.

**Access Line Update:** Access Line is fully staffed and call abandoned rates for April and May have continued to decrease and now down to under 10%. Average wait time is down to 1 minute and 34 seconds. Thank you to all on the Access Team who have continued their dedication and hard work during the last few months of challenges surrounding COVID-19.

**Help@Hand:** Mental Health Awareness Month was a full month for Help@Hand. During the month of May, the digital peer “Help@Hand” team facilitated over 100 digital wellness groups, produced over 60 daily art messages and created a Friendship Gram post card series. Special thanks to department “Help@Hand” digital peer team: **Joe Hettich**, **Nick Tatomer**, **Amanda Kirk**, **Barbara Lopez**, **Hermelinda Gemartino**, **Justice Patocs** and **Robert Gutierrez**. **Digital Wellness Groups** included Mindfulness, Yoga, Healthy Identity (LBGTQ+), Words of Wisdom “Dichos” (Spanish), Happiness, LIVE music and poetry, and more. In addition, daily virtual peer-led meetings occurred for people with the challenges of co-occurring mental health and substance abuse disorders. **Daily Art Messages** were sent each day during the month of May as a manner of inspiring hope during our time of increased social distancing. Big thanks to Amanda Kirk who created the art messages which will also be turned into postcards made available for use by community partners. A **Friendship Grams Post Card** series with art created by **Amanda Kirk** took place in partnership with the Housing Authority of the County of Santa Barbara and the Rona Barret Foundation. Friendship grams were developed and sent to seniors throughout the community.

Stay tuned for the development of the Prop 63 MHSA-funded peer-led Digital Wellness Ambassador Train-The-Trainer curriculum including the innovative the Digital Peer Practice with Digital Empowerment and Digital Wellness Toolboxes co-created with peer stakeholders and Painted Brain- a peer-run technology and empowerment organization. To learn more about the activities highlighted or to share ideas for future projects contact: Vanessa Ramos [vramos@sbcbswell.org](mailto:vramos@sbcbswell.org) or 805-884-1665 \*Hablo Español

**New and Revised Policies Approved:** Behavioral Wellness frequently updates policies to reflect enhancements and changes to programs and practices. The following policies were recently approved and are available on the Behavioral Wellness website at <http://countyofsb.org/behavioral-wellness/policies>. You can find policies approved within the last 6 months under the tab “View Only RECENT Policies”. You can also search alphabetically, by category, or by keyword.

1. **Overdose Prevention and Reversal Program (Revised)** – This policy addresses the immediate and long-term interventions and services provided by the Department’s Alcohol and Drug Program for clients who need or may need alcohol and other drug overdose prevention and reversal.
2. **Nondiscrimination and Institutional Safeguards for Religious Providers (Revised)** – The purpose of this policy is to ensure that the Department and contracted providers comply with all federal and state regulations regarding substance abuse treatment provided using the Substance Abuse

Prevention and Treatment Block Grant and funds from the Substance Abuse and Mental Health Services Administration.

3. **Trafficking Victims Protection Act of 2000 (Revised)** – The purpose of this policy is to ensure that the Department and contracted providers are in compliance with the Trafficking Victims Protection Act of 2000.
4. **Competitive Procurement of Contract Services (Revised)** – The purpose of this policy is to ensure that the Department has a competitive selection process for services that is fair, cost-effective and in compliance with County, State and Federal laws, rules and regulations, and agreements governing funding sources.
5. **Animals in Department-Operated Facilities (Revised)** – The purpose of this policy is to ensure that individuals with disabilities or those who are authorized to train service animals have the right to be accompanied by a service animal in Department-operated facilities.
6. **Staff Credentialing and Re-credentialing (Revised)** – This policy establishes standards and procedures for staff credentialing and re-credentialing.
7. **Social Media (New)** – The purpose of this policy is to ensure proper and responsible use of Social Networking Services as a communication tool for Department business.
8. **Warm Handoff (New)** – The purpose of this policy is to ensure that MHP and DMC-ODS providers conduct warm handoffs whenever possible for beneficiaries who are transitioning between providers, non-contracted providers, services, or levels of care.

**Santa Barbara Regional Partnership: Adults:** The most recent Adult Regional Partnership meeting for Santa Barbara took place on May 18 through Zoom. Ramona Winter announced that NAMI has expanded into the North County with meetings via Zoom that have resulted in increased attendance. **Jeff Shannon, LMFT** introduced himself as the new Crisis Manager for Behavioral Wellness. Jeff shared that he is focusing on improving communications between agencies in south county. Emily Allen (United Way/Home for Good/Coordinated Entry System) shared the increase in street outreach for those who are homeless, as result of COVID and that intakes are now being conducted by phone for coordinated entry (contact: Lily #805-450-3558). Emily also updated that United Way has been providing 200 meals weekly (M-F) since March and providing solar phone chargers to those in need. Hannah Gray (Family Service Agency (FSA) & Housing Authority of City of Santa Barbara) shared that FSA is operating “creatively and with flexibility” during this time, providing client care via telehealth, which has been successful, especially with expanded outreach efforts for isolated seniors. Amanda Pyper, LMFT (CenCal Behavioral Health Manager) shared that CenCal is experiencing a reduction in their workforce since the health crisis. Amanda shared that most of the Holman Group staff (contracted by CenCal for Medi-Cal beneficiaries who have mild to moderate mental health needs) are providing services through telehealth. **Sara Grasso, LMFT**, Behavioral Wellness ACT/Homeless Services Manager and Co-Facilitator spoke to the decreased access to public resources and services for individuals experiencing homeless in the community as a result of businesses being shut down due to the health crisis. She discussed the various resources for shelter and housing in place through the county in response to COVID-19. Lieutenant Lammer with the Sheriff Department reported on the modifications made at the jail to ensure safety as well as court hearings now occurring through Zoom and the reduced jail census resulting from the no bail law in effect as result of COVID-19.

**Children:** The most recent Children’s Regional Partnership meeting for Santa Barbara took place on May 21 through Zoom and was a great opportunity for south county partners and stakeholders to provide updates on developments since mid-March when COVID-19 changed the way that many services have been provided. Regional Manager **Veronica Heinzelmann** provided updates Behavioral Wellness’ adaptations to COVID-19 as well as the current discussions underway surrounding safely re-opening. Additionally, there is a “COVID-19 Awareness for Employees” training that has been prepared by the County of Santa Barbara and is a part of the County’s RISE (Reopening in Safe Environment) plan. Erin Cross from Probation shared that the Santa Barbara Unified School District is also giving free breakfast, lunch and now dinner for students through food trucks located at school sites. Tamika Harris from tri-counties shared that some parents are worried about what the possible negative effects of wearing a mask all day long will have on children once schools re-open. The Goleta Valley Unified School District has information on their website in regards to language and ideas on how to have a dialogue about children and the use of masks while in school and community, which may be helpful.

**Crisis Action Team:** In May, **Jeff Shannon, LMFT**, our new Crisis Services Manager officially took over facilitation of the Crisis Action Team meeting. There was an update on the CREDO47 Stabilization Center (formerly the Sobering Center). The newly named CREDO47 Stabilization Center, operated by Good Samaritan Shelter, is one of many services which operate within the CREDO47 Services program which also includes the Crisis Stabilization Unit (CSU), South County Crisis Services (SCCS) and Medication Assisted Treatment (MAT) which will be starting soon. As noted in the May Director’s Report, the CREDO47 Stabilization Center is a jail diversion program funded through the State of California, Proposition 47 funding. The Center will provide sobering services, divert individuals from jail and potential legal repercussions of minor offenses, and will be used to connect them to drug and alcohol programs, case management, housing, and other services in the area.

The group reviewed Crisis Services data related to the number of 5150/5585 holds written. Data reviewed showed a reduction in the number of both evaluations and holds in the month of April compared to most months. Lastly, there was an open discussion between Behavioral Wellness and the local hospital Emergency Departments about improving collaboration and communication surrounding individuals in the Emergency Departments due to mental health and/or Substance Use Disorder (SUD) crisis. All partners are hoping to increase the number of individuals in the Emergency Departments with a mental health or SUD crisis getting connected to Behavioral Wellness services.

**Change Agents:** Change Agents last met on May 27 to discuss current and future process improvement projects. This was the first virtual meeting since the “Stay at Home Order” went in place. Projects discussed included how to make a more welcoming lobby for Behavioral Wellness consumers given the mandatory COVID-19 signage to ensure a safe environment, increasing safety in the clinics for staff and consumers, assisting onsite staff with dispersing the extra work they are experiencing through the redirection of staff to telehealth staff. The team also discussed the possibility of a forum for practitioner feedback to develop a Change Agent project (PDSA) in the north county to begin soon. This change agent meeting was well represented from various clinics and programs throughout the department. In addition, research and evaluation representative Caitlin Leopore was in attendance to offer guidance and assistance.

**Children’s System of Care Action Team:** In response to requests of the team, CALM provided a presentation at the May 28<sup>th</sup> meeting on ways to engage with high risk young children/families during COVID-19. The Project Manager of Training, Mariana Harms led the presentation along with providing information on how to triage and connect young children/families to services. The next meeting will take place on June 25 from 10:30 – Noon through Zoom.

**Client and Family Member Action Team (CFMAT):** The May CFMAT meeting began with a guided mindfulness relaxation technique by Brock Travis, PhD. Brock gave an update on support groups he facilitated during May is Mental Health month. Highlights of the May meeting included presentations by George Kaufmann, NAMI President and Janet Davis, SHARE Peer Support Specialist. George presented on *Virtual Peer-to-Peer Education Program* is an 8-session recovery-focused course for adults with mental health conditions. Virtual classes start on June 18<sup>th</sup>, and it requires advance registration and is open to peers who resides in Santa Barbara County. Also, he shared with the group the *Virtual NAMI Speaker Meeting* via Zoom is scheduled for June 25<sup>th</sup> and is open to anyone but requires advance registration. His presentation was followed by an invitation from Janet Davis, SHARE Program coordinator, to participate in the Marathon Festival to Recovery Event. Finally, members were provided updates on the Help@Hand project and reviewed the CFMAT “Together in Our Journey” newsletter and subcommittee work.

**Cultural Competency and Diversity Action Team (CCDAT):** The Cultural Competency Action Team met on May 8 via Zoom as will resume monthly meetings using Zoom. **Vanessa Ramos, Help@Hand Project Coordinator**, continued to update the group on the status of the Help@Hand project which is vital in providing digital peer support especially during COVID with the increase in isolation and sheltering in place. CCDAT also recognized May as mental health awareness month and the importance of being creative in community outreach to keep our clients engaged during this time. **Tony Hollenback, Lompoc Regional Manager** and **Maria Arteaga, Cultural Competency/Ethnic Services/Peer Empowerment Manager** provided an overview of how Behavioral Wellness is responding to COVID-19 Emergency Operations collaborative Latinx Indigenous Migrant Health COVID-19 Task Force (formerly known as the Immigrant Health Rapid Response Task Force) Subcommittee for Mental Health. In addition, the team was provided with information on the accessibility of services to clients throughout the Behavioral Wellness system of care. John Doyel, Alcohol and Drug Division Chief, reported that he and **Tony Hollenback** have been collaborating with the Santa Ynez Tribal Health Center to explore creating a pilot outpatient substance abuse program that integrates/reflects Native/Indigenous culture, traditions and beliefs. There will be a community collaboration meeting planned for the end of June to include Behavioral Wellness, Santa Ynez Tribal Health and Community Health Center representatives to create a framework for this pilot program. The next CCDAT meeting will be held on 6/12/20 from 9:30 a.m. to Noon via Zoom. For more information, please contact Jordan Tenison.

**Forensic Action Team:** The Forensic Action Team Meeting seeks to connect a wide variety of leaders and stakeholders invested in cross-sector collaboration and ongoing systemic enhancements for services provided to criminal justice-involved juveniles and adults. Meetings occur monthly on the 4<sup>th</sup> Wednesdays @ 1:30-3:00 pm (via Zoom until further notice). The May meeting was well-attended and focused on partner updates mainly related to the impacts of the health crisis, in addition to a program presentation by the Behavioral Wellness Forensics Manager, Shana Burns, LMFT, and Justice Alliance Team Supervisor,

Nicole Horne, LMFT on the Justice Alliance program whose mission is to provide intensive, specialty mental health care to adults involved in the criminal justice system with the purpose of linking clients to the most supportive, longer-term level-of-care based on their individualized treatment needs. The next Forensic Action Team meeting is scheduled for **Wednesday, June, 24<sup>th</sup> @ 1:30-3:00 pm**. Please contact Shana Burns, LMFT, Forensics Services Manager, at (805) 335-4263, with any questions and/or if you would like to be added to the invite list.

## **NATIONAL AND STATE NEWS**

**Behavioral Health Advocates Sound Alarm on the State Budget:** In a join release issued recently, California’s county behavioral health agencies, community-based providers, and caretakers and family members of children and adults served by the behavioral health safety net sounded an urgent alarm for Governor Gavin Newsom and legislative leaders today. They warned that unless state leaders backfill unprecedented, sharp declines in revenues that fund county behavioral health services, the mental health and substance use disorder safety net will be decimated. Services for children, transition-aged youth, and older adults with behavioral health needs are at particular risk.

The County Behavioral Health Directors Association of California (CBHDA), California Alliance of Child and Family Services (California Alliance) and California Council of Community Behavioral Health Agencies (CBHDA) today urged Governor Newsom and legislative leaders to dedicate \$3.3 billion in state funds for the current and budget year to prevent the impending decimation of behavioral health safety net services across the state. Today’s call echoes a letter the organizations sent to the Governor, Speaker Rendon, pro Tem Atkins, and Budget Chairs Sen. Mitchell and Asm. Ting earlier this week.

All major funding sources for mental health and substance use disorder services delivered through California counties are projected to plummet in the current fiscal year and through 2020-21. Taking into account “Realignment” funds (including state sales tax and vehicle license fee revenues apportioned to counties), Mental Health Services Act funds, and federal matching dollars, the behavioral health safety net will see a 13% funding drop through June 2021. Counties also face massive losses – an estimated 30% of Medi-Cal dollars cancelled in the current budget year as “stay-at-home” orders forced an abrupt transition to telehealth. Meanwhile, the proposed state budget projects two million more Californians will be eligible for Medi-Cal in the next year as the economy shrinks.

Meanwhile, needs for behavioral health services have grown significantly and are expected to accelerate due to the significant influx of individuals who are unemployed and have endured high levels of stress and trauma due to the Shelter in Place orders. This reinforces the need for additional funding for behavioral health services for children, transition-aged youth, adults, and older adults in both the mental health and substance use disorder systems.

“This is not the time to waiver in your commitment to Californians’ behavioral health as the immediate and long-term impacts of unaddressed mental health and substance use disorder needs will have a detrimental impact on our state’s ability to recover from the global pandemic,” the organizations told the Governor and

legislators. “We collectively urge you to act on your commitment by backfilling Realignment revenues to avoid the impending devastation of safety net services in our communities.”

**The Nation May be Ill Prepared for COVID-19 Mental Health Impact:** Experts are warning that the United States is ill prepared for a coming mental health crisis caused by the coronavirus pandemic, which has killed more than 100,000 people in the nation and caused millions to lose their jobs. Barriers to mental health care existed before the pandemic, but those challenges are being exacerbated now as millions report feelings of stress, depression and isolation.

The problem is expected to get worse in the coming months as people begin to reckon with the emotional impacts of the pandemic, and experts say there may not be enough resources to help them. Four in 10 adults said in a [recent Kaiser Family Foundation \(KFF\) poll](#) that worry and stress related to the coronavirus has had a negative impact on their mental health.

Loneliness and isolation are risk factors for poor mental and physical health, and calls to crisis help lines have skyrocketed as Americans practice social distancing to slow the spread of the coronavirus. Another concern related to the pandemic for experts is the millions of Americans who lost job-based insurance coverage as the result of coronavirus-fueled layoffs.

Even prior to the pandemic, suicide rates in the U.S. increased 33 percent from 1999 through 2017 and is now the 10th leading cause of death overall. Men face the highest risk for death by suicide, particularly those who are LGBT, American Indian, Alaska Native or white. One in five U.S. adults experience mental illness, with anxiety and depression being the most common disorders. Yet less than half of those experiencing mental illness received treatment in 2018. More than 20 million people had a substance use disorder in 2018, and about half also had a mental health disorder.

The expansion of telehealth during the pandemic has been a bright spot in mental health treatment; providers have said anecdotally the number of missed appointments have decreased. But there is still a long-standing shortage of mental health providers, especially psychiatrists.

Mental health and substance abuse treatment were existing needs prior to the pandemic and now are expected to increase. All the more important that we work to reduce, if not eliminate, stigma surrounding mental health and substance use and work as a nation to ensure resources are available for those in need of support. The Behavioral Wellness Access Line is available 24/7 by calling 888-868-1649.

**Mental Health of America California African American Resource Guide:** The Mental Health of American California (MHAC) has developed an African American resource guide. The guide can be access on the Behavioral Wellness website [here](#). In addition, MHAC has also messaged the following statement.

Mental wellness in African American Communities cannot be addressed without addressing Systemic Racism, manifested in structural and institutional racism and the associated trauma. Mental Health America of California (MHAC) continues to work toward our vision of a healthy and humane society that is free of discrimination and where all people are accorded respect, dignity and the opportunity to achieve their full potential through equal inclusion.

**SAMHSA Training and Technical Assistance Opportunities:** The SAMHSA [Technology Transfer Centers](#) and the SAMHSA [Disaster Technical Assistance Center](#) offer training and technical assistance opportunities. For more information about our services, email [dtac@samhsa.hhs.gov](mailto:dtac@samhsa.hhs.gov) or call the hotline at 1-800-308-3515.

#### **General Disaster Response and Recovery Information**

[\*Coping With Grief after Community Violence\*](#)

[\*Tips for Survivors: Coping With Grief after a Disaster or Traumatic Event\*](#)

[\*Tips for Survivors of a Disaster or Other Traumatic Event: Managing Stress\*](#)

[\*Tips for Survivors of a Disaster or Other Traumatic Event: Managing Stress \(SPANISH\)\*](#)

[\*Tips for Survivors of a Disaster or Other Traumatic Event: Managing Stress \(Punjabi\)\*](#)

[\*Coping with a Disaster or Traumatic Event\*](#)

[\*Coping with a Disaster or Traumatic Event \(SPANISH\)\*](#)

#### **Resources for Faith-based Communities and Spiritual Leaders**

[\*Faith Communities and Disaster Mental Health\*](#)

[\*Tips & Lessons—Disaster Response: The Sunday After a Disaster\*](#)

[\*Vulnerable Populations & Disaster\*](#)

#### **Resources for Children, Youth, Parents and Other Caregivers, and Schools**

[\*Understanding Child Trauma\*](#)

[\*Age-related Reactions to a Traumatic Event\*](#)

[\*Community Violence: Reactions and Actions in Dangerous Times\*](#)

[\*Helping Youth after Community Trauma: Tips for Educators\*](#)

#### **Resources for Disaster Responders**

[\*Psychological First Aid for First Responders: Tips for Emergency and Disaster Response Workers\*](#)

[\*Tips for Disaster Responders: Preventing and Managing Stress\*](#)

[\*Tips for Disaster Responders: Preventing and Managing Stress \(SPANISH\)\*](#)

[\*Tips for Disaster Responders: Understanding Compassion Fatigue\*](#)

[\*Tips for Disaster Responders: Understanding Compassion Fatigue \(SPANISH\)\*](#)

[\*Traumatic Incident Stress: Information for Emergency Response Workers\*](#)

#### **Additional Resource for Acute Needs**

[\*National Suicide Prevention Lifeline\*](#) – Or call 1-800-273-8255

[\*National Suicide Prevention Lifeline \(SPANISH\)\*](#) – Or call 1-888-628-9454

[\*SAMHSA Disaster App\*](#)

#### **SAMHSA Disaster Distress Helpline 1-800-985-5990**

People can call and receive immediate counseling. This free, confidential, and multilingual crisis support service is also available via SMS (text **TalkWithUs to 66746**) to anyone experiencing psychological distress as a result of this event. People who call and text are connected to trained and caring professionals from

crisis counseling centers in the network. Helpline staff provide confidential counseling, referrals, and other needed support services.

## SYSTEMS CHANGE CALENDAR

**Please Note:** Due to COVID-19, to protect the health and safety of our staff and other partners, no Action Team meetings will be held in person for the foreseeable future. All will be held remotely.

- **Behavioral Wellness Commission:** The Behavioral Wellness Commission meets on the third Wednesday of every month from 3:00pm – 5:00pm. Video conferencing is available at the Santa Barbara Children’s Clinic large conference room, Santa Maria Clinic Conference Room and the Lompoc Children’s Clinic Newport Harbor Room. Questions: Jacob Ibrahim at [jibrahim@co.santa-barbara.ca.us](mailto:jibrahim@co.santa-barbara.ca.us)
- **Change Agent Meeting:** Change agents meet the fourth Wednesday of every month 9 – 11 am except during quarterly in-person meetings, which are 9 am – 12 noon. Video conferencing is available at the Santa Barbara Children’s Clinic, Small conference room; and the Santa Maria Adult Clinic large conference room located at 500 West Foster Road, Santa Maria. Questions: Janal Lopez, [janlopez@co.santa-barbara.ca.us](mailto:janlopez@co.santa-barbara.ca.us)
- **Lompoc Regional Partnership Meeting:** Meetings occur every other month on the third Tuesday at 301 N. R Street. Questions: Anthony Hollenback, [ahollenback@co.santa-barbara.ca.us](mailto:ahollenback@co.santa-barbara.ca.us)
- **Santa Barbara Adult Regional Partnership:** meets every 3rd Monday of the month from 10:00 am – 11:00 am at the Santa Barbara Children’s Clinic, large conference room. Questions: Veronica Heinzelmann, [vheinzelmann@co.santa-barbara.ca.us](mailto:vheinzelmann@co.santa-barbara.ca.us)
- **Santa Barbara Children’s Regional Partnership:** 3th Thursday of the month from 2:00 pm – 3:00 pm at the Santa Barbara Children’s Clinic, large conference room. Questions: Veronica Heinzelmann, [vheinzelmann@co.santa-barbara.ca.us](mailto:vheinzelmann@co.santa-barbara.ca.us).
- **Santa Maria Children’s Regional Partnership Meeting** is held every 3<sup>rd</sup> Monday of the month at 10 am in the large meeting room at the Foster Road Clinic. Questions: Roberto Rodriguez at [robertor@co.santa-barbara.ca.us](mailto:robertor@co.santa-barbara.ca.us)
- **Santa Maria Adult Regional Partnership** occurs every 3rd Monday of the month at 11 am in the large meeting room at the Foster Road Clinic. Questions: Questions: John Winckler at [jwinckler@co.santa-barbara.ca.us](mailto:jwinckler@co.santa-barbara.ca.us)
- **The Housing, Empowerment, Action and Recovery Team (HEART)** meets the second Wednesday of every other month, 1:00-2:30 p.m. Locations: Behavioral Wellness Conference Room 261 and Santa Maria Annex via videoconference. Contact Laura Zeitz, [lazeitz@sbcbswell.org](mailto:lazeitz@sbcbswell.org)

- **The Cultural Competency and Diversity Action Team (CCDAT)** meets the second Friday of each month, 9:30-11:00 am, Locations: Santa Barbara Children’s Clinic Large Conference Room 119, Santa Maria Annex and Lompoc B St. Contact Maria Arteaga at 805-681-5208 or [marteaga@co.santa-barbara.ca.us](mailto:marteaga@co.santa-barbara.ca.us) or Anthony Hollenback at 805-737-6610 or [ahollenback@co.santa-barbara.ca.us](mailto:ahollenback@co.santa-barbara.ca.us) to get zoom log in information.
- **The Consumer and Family Member Action Team** meets the second Thursday of the Month from 2 – 4:00 pm. Locations: Behavioral Wellness Santa Barbara Conference Room 261, Lompoc Children’s New Port Room the Santa Maria Annex Room via videoconference. Contact Maria Arteaga at 805-681-5208 or [marteaga@co.santa-barbara.ca.us](mailto:marteaga@co.santa-barbara.ca.us)
- **The Crisis Action Team** meets the second Thursday of the month, 2:30 – 4:00 pm, Santa Barbara Children’s large conference room 119. Contact Jeff Shannon, [jeshannon@sbcbswell.org](mailto:jeshannon@sbcbswell.org) .
- **The Children’s System of Care Action Team** meets the 4th Thursday of the month, 10:30 am - 12:00 noon. SELPA Conference Room, 240 E. Hwy. 246, Suite 200, Buellton CA 93127. Contact Anthony Hollenback at [ahollenback@co.santa-barbara.ca.us](mailto:ahollenback@co.santa-barbara.ca.us)
- **Forensic Action Team** will be meeting every other month on the 4<sup>th</sup> Wednesday from 1:30 - 3. Meetings are held at the Behavioral Wellness Children’s Mental Health Services building, room 119, located at 429 N. San Antonio Rd in Santa Barbara. The **June 24** meeting will be occurring via Zoom. For questions or Zoom log in information, please contact [sburns@co.santa-barbara.ca.us](mailto:sburns@co.santa-barbara.ca.us)