

PSYCHIATRIC HEALTH FACILITY POLICIES AND PROCEDURES

COUNTY OF SANTA BARBARA
DEPARTMENT OF ALCOHOL, DRUG AND MENTAL HEALTH SERVICES

Section:	NURSING--MEDICATIONS		
Subject:	MEDICATION--VAGINAL SUPPOSITORY / CREAM / OINTMENT		
Form Ref #:		10/01/1997 - Effective	
Search Item:	NM-5.4	May 2006 - Revised	
Director's Approval:	_____	Date:	_____
Assistant Director's Approval:	_____	Date:	_____

POLICY:	Santa Barbara County Psychiatric Health Facility (PHF) Nursing Staff will follow these guidelines regarding medication administration of vaginal suppository cream and / or ointment.
GOAL:	Relieve vaginal and genital itching and discomfort, destroy harmful pathogens, or provide treatment for menopausal issue changes by applying ointment to genitalia or administering medications vaginally by suppository cream or irrigation.
ASSESSMENT:	<ul style="list-style-type: none"> • Physician's order for oral medication, including name, classification, strength, dosage, frequency and route • Action, side effects, signs and symptoms of toxicity and purpose of medication • Condition of vaginal orifice and genitalia • Condition before and after administration • Medical diagnosis • History of gynecological conditions and or disorders
EQUIPMENT:	<ul style="list-style-type: none"> • Ordered oral medication(s) medication card • Disposable gloves • Tissues • Perineal pad • Applicator for suppository or cream • Water soluble lubricant for suppository if there is no applicator • Calibrated medication for administration of drug

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Exhibit 6e

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<p>PREPARATION:</p>	<ul style="list-style-type: none"> • Wash hands • Identify patient • Assemble equipment • Explain procedure • Provide privacy <p><i>Recheck medication for name, dosage, strength, and time against medication card or order.</i></p>
<p>PROCEDURE:</p>	<p><u>For Suppository</u></p> <ul style="list-style-type: none"> • Expose perineal area • Don gloves • Remove wrapper and lubricate rounded end of suppository and gloved index finger of dominant hand • Expose vaginal area with nondominant hand by separating labia • With dominant hand, insert suppository with lubricated finger 3-4 inches into vagina at downward and backward angle • Withdraw finger and remove glove each medication separately • Wash hands <p><u>For Vaginal Cream</u></p> <ul style="list-style-type: none"> • Insert applicator filled according to manufacturer's instructions into vagina at downward and backward angle for 3-4 inches • Push plunger in completely • Remove applicator with plunger still depressed • Place applicator and gloves in waste container and remove from room • Instruct patient to remain in recumbent position for 5-10 minutes • Offer perineal pad to absorb any drainage during sitting and ambulating • Wash hands <p><u>For Genital Ointment</u></p> <ul style="list-style-type: none"> • With gloved finger, apply light layer over entire vulva area • Recheck medication container for correct drug name, strength, dosage and time to administer against medication card or physician's order • Wash hands
<p>NOTE:</p>	<ul style="list-style-type: none"> • All procedures are to be documented in the patient chart, including: Date and time, type, strength, dosage of medication. Assessment indicated by drug. Observation for inflammation, sores, etc. Patient's response to treatment and treating nurse signature / title (RN).