



Section	Psychiatric Health Facility (PHF)	Effective:	5/1/2007
Sub-section	Infection Prevention	Version:	2-03.0
Policy	Restraint Cleaning and Disinfection	Last Draft Revised:	
Director's Approval	_____	Date	_____
	Alice Gleghorn, PhD		
PHF Medical Director's Approval	_____	Date	_____
	Ole Behrendtsen, MD		
Supersedes:	Restraint Cleaning rev. 2/4/2019		
Approvals:	PHF Medical Practice Committee:	PHF Governing Board:	

1. PURPOSE/SCOPE

- 1.1. To establish restraint cleaning and disinfection standards and procedures for the Santa Barbara County Psychiatric Health Facility (hereafter the "PHF"), and ensure patient and staff safety in accordance with state and federal laws and regulations. ery requirements.

2. POLICY

- 2.1. All restraints used at the PHF shall be polyurethane, locking and cleaned and/or disinfected by PHF staff immediately after each use per the manufacturer's manufacturer's instructions in accordance with infection prevention standards.

Restraints used at the PHF are polyurethane and locking.

Restraints shall be cleaned and/or disinfected immediately after each use per the manufacturer's instructions in accordance with infection prevention standards.

- 2.2. Products approved by the Environmental Protection Agency (EPA) will be used for restraint disinfection cleaning shall be approved by the Environmental Protection Agency (EPA), the PHF Medical Practice Committee (MPC) and the PHF Governing Board on the PHF.

Restraint cleaning will be completed by PHF Recovery Assistants or other staff as designated by the Team Lead.

3. **RESTRAINT CLEANING PROCEDURE**

3.1 All restraints will be cleaned and/or disinfected after each use. PHF Recovery Assistants or other staff designated by the PHF Team Lead will follow standard precautions (see Standard Precautions policy) to clean and/or disinfect all restraints by:

3.1.1.1. — Restraints without blood or bodily fluids: — in the PHF laundry room only.

1. Wiping restraints with no contact with blood or body fluids, wipe the restraints with a multi-surface disinfectant wipe, maintaining the directed wet contact time; or-
2. Restraints that have come into contact with blood or bodily fluids: Cleaning restraints with soap, water and a microfiber cloth, and then wiping the restraints with a bleach disinfectant wipe, maintaining the directed wet contact time.
3. The microfiber cloth can be discarded with the soiled linen. If the amount of blood on the cloth completely saturates it, it will go in a Biohazardous Waste Bin (see Medical Waste Management policy).

3.2. PHF staff will store cleaned and/or disinfected restraints in the Nursing Station.

3.3. To reduce the risk of rust, PHF staff will avoid letting cleaning liquids come into contact with the locking mechanisms.

~~3.2. Wipe the restraint with a mild soap and warm water.~~

- ~~1. — For leather restraints, the webbing can be scrubbed with a soft brush and same solution.~~

~~3.3. When the restraints have come in contact with potentially infected materials (e.g., saliva, blood, stool), use bleach wipes.~~

- ~~1. — For leather restraints, allow them to air dry and apply neat's-foot oil.~~

~~3.4. To reduce the risk of rust, avoid letting cleaning liquids come into contact with the locking mechanisms.~~

~~3.5. Restraints that have been cleaned and/or disinfected are stored in the Nursing Station. will be returned to the nurses station as soon as they are dry.~~

ASSISTANCE

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REFERENCE

California Health and Safety Code
Sections 1180.1-1180.6

California Code of Regulations – Social Security
Title 22, Section 77103

Code of Federal Regulations – Public Health
 Title 42, Section 482.13(e)

RELATED POLICIES

[Seclusion and Restraint](#)

[Standard Precautions](#)

[Medical Waste Management – Biohazardous and Sharps Waste](#)

REVISION RECORD

DATE	VERSION	REVISION DESCRIPTION
<u>Draft</u>	<u>3.0</u>	<ul style="list-style-type: none"> • <u>Combined policy statements moving from 4 policy statements to 2.</u> • <u>Revised 3.1.</u> • <u>Added disinfection to title and other areas of the policy.</u> • <u>Identified when restraints should be cleaned with soap and water versus when bleach should be used.</u>
2/4/2019	2.0	<ul style="list-style-type: none"> • Restraints will be cleaned according to the manufacturer's instructions. • Products used for cleaning will be approved by the EPA, the PHF Medical Practice Committee, and PHF Governing Board. • When the restraints have come in contact with potentially infected materials (e.g., saliva, blood, stool), staff will use bleach wipes.

Culturally and Linguistically Competent Policies

The Department of Behavioral Wellness is committed to the tenets of cultural competency and understands that culturally and linguistically appropriate services are respectful of and responsive to the health beliefs, practices and needs of diverse individuals. All policies and procedures are intended to reflect the integration of diversity and cultural literacy throughout the Department. To the fullest extent possible, information, services and treatments will be provided (in verbal and/or written form) in the individual's preferred language or mode of communication (i.e. assistive devices for blind/deaf).