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## **P R E S S R E L E A S E**

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**FOR IMMEDIATE RELEASE**

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### **MORE TROUT SWIMMING TOWARD CACHUMA LAKE** *The Next Trout Plant is Set for January 3*

**(SANTA BARBARA, Calif.)** – Make your New Year’s resolution to catch a fish at Cachuma Lake! In cooperation with the California Department of Fish and Wildlife, Santa Barbara County Parks was granted a Stocking Permit for up to 8,000 pounds of triploid rainbow trout. On Tuesday, January 3, 4,000 pounds ranging in size from half a pound “catchables,” to eight pound “trophies” are set to be released. 4,000 lbs. were already planted in early November.

This second 4,000-pound load of triploid rainbow trout will once again make their way from Mt. Lassen Trout Farms, Inc., in Paynes Creek, Calif. “Triploid” trout are sterile, therefore more of the energy is put into growth than reproduction, which produces fish that are large and muscular. Plus, after all of the decadent holiday foods, what better way to kick off the New Year with some tasty, nutritious protein?

Although the lake level is low, fishing has been consistently good from both boat and shoreline areas. The Cachuma Lake Weekly Fishing Report can be found at [www.countyofsb.org/parks/cachumafishing.sbc](http://www.countyofsb.org/parks/cachumafishing.sbc). Cachuma Lake also supports populations of large and smallmouth bass, crappie, and channel catfish.

Cachuma Lake Marina and Boat Rentals offer pontoons, outboards and kayak rentals, along with full bait and tackle supplies. One-day and annual fishing licenses may also be purchased. Fishing from shore in the recreation area or from a boat is open year-round with a valid fishing license. For more information, contact the marina at (805) 688-4040. Please note that due to the 30 day Quagga restrictions at the lake, please have your boat inspected and tagged by Cachuma Lake staff at least 30 days prior to your visit.

Cachuma Lake Recreation Area is a full-service campground offering cabin, yurt, RV and tent camping throughout the year, as well as recreational activities, nature programs for all ages and now rainbow trout fishing! For camping reservations and more information, go to [www.sbparks.org](http://www.sbparks.org).